



 **BODMIN**  
TOWN COUNCIL

# **BODMIN MARKET**

**LAST SATURDAY OF THE  
MONTH  
9AM-2PM**

**MOUNT FOLLY  
FOR MORE INFO AND  
TO BOOK YOUR SPOT CONTACT  
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01208 76616 [INFO@BODMIN.GOV.UK](mailto:INFO@BODMIN.GOV.UK)**



# **Lanivet Newsletter**



FROM THE CENTRE OF CORNWALL  
DHYWORTH KRES KERNOW

## **APRIL & MAY 2024**



PHOTO BY CAROL MILLER

## LANIVET DEFIBRILLATOR INFORMATION

### IN CASE OF A CARDIAC ARREST

There are TWO defibrillators in the village



#### 1. Lanivet One For All Community Centre

*(situated in the outside entrance porch to the Centre)*

Simply twist the outside casing anti clockwise in the direction of the arrows and the outer casing will come off giving you access to the Defibrillator.



#### 2. Mid Cornwall Brokers Ltd

*(situated on the outside wall of the building on Truro Road)*

You will need to call 999, and give Ambulance Control the **CABINET NUMBER** which is **CC0099**. They will give you a code to put into the keypad which will open the box giving you access to the Defibrillator.

**NOTE:** The One for All Community Centre are planning more **free** defibrillator awareness sessions in the near future. Contact the Centre for more information on **01208 832684**



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✉ info@curlyscutz.co.uk 

Scan here to find out more about our services for farmers and smallholders, including information on our Flock Health Scheme and Small Holders Club.



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the RCVS


To request an appointment on-line visit  
[kernowvetgroup.com](http://kernowvetgroup.com)





**Lanivet Parish Church**

The Church is open every day for private prayer and meditation from around 8.30am until 7pm or dusk, whichever is earlier. Dates and times of services are posted in the church porch.



We sometimes hear a remark about corruption; usually in relation to the police: 'It's just a few rotten apples', we are told. Bad people find their way into an institution and commit crimes.

The challenge faced by the police and all sorts of other organisations is that the metaphor of rotting apples is more sinister than the impact of a few individuals. There is a scientific basis to agree that a rotten apple spoils the whole barrel. Apparently the agricultural challenge has to do with ethylene; a gas produced internally by the fruit to stimulate ripening. Ethylene is a plant hormone. It sets in motion a number of processes that are responsible for ripening. Rotting is just the end stage of ripening, with more and more ethylene being released into the surrounding air. This stimulates the ripening of nearby fruit, setting off sort of a chain reaction that results in the spoilage of the whole barrel.

In relation to organisations, this means that the rotten apple metaphor could describe accurately the slow corruption of all involved. With the increasing influence of the corrupt, the ordinary member of the organisation is exposed to anti-social attitudes. The organisation itself is in danger of becoming anti-social because its culture has become so.

I worry that this happens in wider society. If we allow corrupting attitudes to linger amongst us, we too are in danger of becoming corrupted. The national 'barrel of apples' may decay as a whole.

Jesus spoke boldly against corruption. The church has been known for doing the same even as it too succumbs to decay from time to time. We would do well to notice the whiff of corruption amongst us and call it out. Otherwise, the rot will spread.

### Services for April and May

21<sup>st</sup> April at 11am - Eucharist  
19<sup>th</sup> May at 11am - Morning Prayer for Pentecost  
2<sup>nd</sup> June at 11am - Eucharist to celebrate Corpus Christi

**Revd Paul Holley**

**21<sup>st</sup> April at Noon**  
**Annual Parochial**  
**Church Meeting in**  
**Lanivet Church.**  
**All welcome**

**POST OFFICE** <sup>®</sup> **Post Office**  
 Monday to Friday  
 9am to 5pm  
 Saturday  
 9am to noon  
**Closed between 1pm and 2pm**

Many churches will **only** ring bells at the **end** of the Wedding Service ...



but if you are married at **Lanivet Parish Church** the bells will be rung for the **arrival of the bride** as well ...  
**... and at no extra cost!**  
 Call **Dave** on **01208 831616** for further details

**Withiel Women's Institute**

We meet the first Friday of the month at 7.15pm in Withiel Village Hall.

If you are interested in joining us, please phone our Secretary Erica Simpson 0777 444 9377 For more information.

New members will be welcomed

**Lanivet & District Playgroup Under 5s**

Monday—Friday  
 8.45—15.15pm



Contact: Charlotte Britten  
**01208 832495**  
 email: lanivetunder5smanager@gmail.com  
**or find us on Facebook**

**Lanivet Methodist Chapel**

11am Sunday service  
 Fellowship every Tuesday at 2pm  
 Please see banners outside chapel

All Welcome

**Rooms in the Methodist Building available for hire**  
 Tel: **01208 831529**

**Crisis Fund**

In these difficult days if you are struggling to pay your bills or other costs, the Lanivet Parish Sport and Recreational Trust have set up an emergency fund to help towards these costs which could include:

- **Heating Costs**
- **Utilities**
- **Food**
- **Small appliances**

Please contact Barry at:  
**The One for All Lanivet Parish Community Centre**  
 Tel: **01208 832684**  
 Email:  
 manager@lanivetparishcommunitycentre.co.uk

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 Home visits  Beginners welcome 

**HOLA DESDE ESPANA  
(HELLO FROM SPAIN)**

To avoid the wind and the rain  
I have cowardly fled to Spain  
Now I've thought of the opening line  
I'm having a wonderful time.

Everyone seems happy out here  
Maybe it's the Sangria and Beer  
Tanned couples are seen  
holding hands  
They're even from different lands.

Still, I will be glad when I get back  
to Lanivet  
Despite the arctic weather  
that comes with it.

JOHN AUSTIN

 **KG HAIR** 

Hairdressers: Alana - Jo - Liliana - Jackie - Tai

We have a new Junior Stylist joining us called TAI offering discounted rates,  
please contact us for details

We offer a full range of modern cutting, colouring & styling services  
including balayage & vivids  
This also includes perming, keratin smoothing, tape extensions  
and inoluxe treatments

Our opening hours do vary but each stylist is available for appointments on the following days:

<b>Monday - Alana, Jackie &amp; Jo</b>	<b>Thursday - Alana &amp; Liliana</b>
<b>Tuesday - Alana &amp; Liliana</b>	<b>Friday - Jo &amp; Jackie</b>
<b>Wednesday - Jo &amp; Liliana</b>	<b>Saturday - Liliana</b> <i>(every other week)</i>

If you have any questions regarding any of the above, then please call or message us:  
Tel: 01208 831986  
Email: kghair2018@gmail.com  
Facebook: KG Hair  
Instagram: kg\_hair

**TRIGG MORRIS**

Would welcome those who would like to try the excitement of  
the **Morris Dance**, so, come and join in our regular practices that  
continue through April, before we go out to visit Cornwall's pubs  
and open spaces.  
New or experienced dancers will be welcome, you never know,  
you might find you enjoy it.

**We meet at the  
One for All Community Centre in Lanivet  
on Thursday evenings from 8 to 10 pm**

Contact: [triggbagman@hotmail.com](mailto:triggbagman@hotmail.com)  
Website: [www.triggmorrison.co.uk](http://www.triggmorrison.co.uk)



**School Term Dates**  
*(In Cornwall)*

**Summer Term (67 days)**

- 15 April - 24 July 2024
- Half term 27-31 May 2024

**Autumn Term (74 days)**

- 3 September - 20 December 2024
- Half Term 28 October - 1 November 2024

**MEMORY MUSIC GROUP**

Do you fancy an afternoon  
of music and fun ?  
If you are feeling lonely,  
have dementia,  
need some company,  
why not come along to the  
**Memory Music Group.**

We meet every 2nd, 4th and  
5th Thursday afternoons at  
the One For All Community  
Centre in Lanivet  
from 2pm to 4pm.

For more details contact  
Maureen on **01208 832373**

## GARDEN JOTTINGS

Well it doesn't need me to tell you all that we've had a dreadful two months start this year regarding the weather. For gardeners and especially our farmers it's been quite catastrophic. Incessant rain throughout February has almost been a record for Cornwall. If you weren't aware, it was the fourth wettest February on record. On top of that it has been the warmest start to a New Year on record. That means we haven't really had a cold spell to kill off all those bugs etc which may devastate our flower beds later in the year. Frost also helps break up the soil allowing important oxygen into air spaces lower down in the subsoil. All in all not impressed! Although my father, who always took a differing view of most things would say, "At least you're alive to see it!!".

All I can advise currently for the garden is to keep off walking over any of it until the ground has dried out substantially. There is little to gain in creating solid masses of topsoil which will not be able to hold nutrients or further watering throughout the summer season. If you haven't been able to get out into your garden, try and manage a little bit as a final tidying up will not go amiss. With all the damp, mild weather slugs have found their heaven where to eat their way through new shoots as they come to the surface.

As I write this our lane has been filled with the native primrose, *primula vulgaris* all starting to show their faces. They really are one of my all-time favourites. If you are an afternoon TV viewer, then do try and catch a brand-new series on ITV3 at 2.00pm called Alan Titchmarsh's Garden Club. First impressions, it's very good and contains lots of information and ideas for the budding gardener. Meanwhile the camellias are already showing their flowers, unfortunately some have been caught by the strong winds and heavy rain beating down on them. The ground surrounding the bushes are a carpet of colour. I hope the late frosts hold off and gives them all a chance. The *Magnolia stellata* is full of buds and ready to break, in fact I've never seen so many for a long time.

If the weather remains mild I'm going to try a fence of sweet peas. I used to grow them years ago but now I feel like trying again. It's too late for growing them from pots but you should be able to get away with planting seed directly into the open ground. They'll soon strike and when they have made about 10" pinch out the tops to ensure they branch out. Water regularly and you should have a lovely show and have flowers for inside the house as a bonus.

My final mantra being, please do not forget the birds with seed and water both are essential this time of year when they are breeding.

Happy gardening everyone and stay safe.

**Ivor Mower**

## Lanivet Art Club

**Monday 10.00am – 1.00pm**  
(Excluding Bank Holidays)

**At The Methodist Chapel, Lanivet, Nr Bodmin**



We are a small friendly group of amateur artists who have been meeting together for many years, initially as a tutored group, but since our tutor moved to France as a self-support Group.

The group's aim is one of encouragement to produce art and to learn from and support each other to this end.

We have a weekly programme which members can join in with,  
or if they wish, just concentrate on their own individual ideas.

We are non-profit making and members only contribute towards the cost of hiring the hall and for guest tutors/speakers who will be invited from time to time.

Cost £20.00 per month.

**Why not join us for a free trial session**

For more information, please contact Roger at [rogerbeck0653@outlook.com](mailto:rogerbeck0653@outlook.com)  
or call **07824 531897**

### NEWQUAY TIDE TIMES

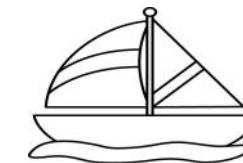
**Mon 1st Apr Low 04:00 16:23**  
**High 10:13 22:41**

**Wed 3rd Apr Low 06:38 19:25**  
**High - 12:51**

**Fri 5th Apr Low 09:35 21:59**  
**High 03:00 15:37**

**Sun 7th Apr Low 11:17 23:35**  
**High 04:50 17:16**

**Tues 9th Apr Low 00:17 12:41**  
**High 06:18 18:40**



### Dingbat Answers

- |                               |                              |
|-------------------------------|------------------------------|
| <b>1 No holds Barred</b>      | <b>6 Blast From The Past</b> |
| <b>2 Red Letter Day</b>       | <b>7 Mixed Emotions</b>      |
| <b>3 Cutting Corners</b>      | <b>8 Knock On Wood</b>       |
| <b>4 Fish Out Of Water</b>    | <b>9 Gold Rush</b>           |
| <b>5 Big Misunderstanding</b> | <b>(From page 7)</b>         |

### LANIVET NEWSLETTER

**JUNE/JULY 2024 ISSUE**

**Deadline Date - Friday 10th May**



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**LITTLE FUDGE KITCHEN**

At Little Fudge Kitchen we specialize in hand crafted delicious Fudges and Traybakes












Made fresh to order with over a dozen regular flavours to choose from as well as fully customised celebration slabs which can be posted direct to your door!

When placing an order, quote '**LANIVET**' and you will receive **10% off the cost of your order.**

**Amy & Lindsay**

To place an order, you can find us on **Facebook** or **Instagram**, you can also message us direct via **WhatsApp** on **07521 957937**

**DINGBATS**

<u>1</u> 	<u>2</u> 	<u>3</u> 
<u>4</u> 	<u>5</u> 	<u>6</u> 
<u>7</u> 	<u>8</u> 	<u>9</u> 

Answers on page 47



**Lanivet, Nanstallon and Bodmin**

Qualified and insured Hairdresser

Full range of unisex cutting, colouring and perming services

Daytime, evening and weekend appointments available

Call Alex on **07355 380517**

North Cornwall's Rural Pop Up Salon and Mobile Hairdresser



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with  
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World**

**Slimming World - Bodmin**  
**Thursdays** AM and PM at The Guide Hut, Beacon Road, Bodmin  
**Saturday** AM at Bodmin Town Football Club, Bodmin  
**Contact Teresa on 07557 348301**

[slimmingworld.co.uk](http://slimmingworld.co.uk)



**FOR INFORMATION ON HIRING NANSTALLON  
VILLAGE HALL PLEASE VISIT OUR WEBSITE**  
**[www.nanstalloncommunitytrust.co.uk](http://www.nanstalloncommunitytrust.co.uk)**

Or email  
**[admin@nanstalloncommunitytrust.co.uk](mailto:admin@nanstalloncommunitytrust.co.uk)**  
 (Note: Reply will be from a different email address)



**Nanstallon  
Community Trust**  
 Registered Charity no 1201256




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Chimney Sweep**

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**HOUSEHOLD WASTE RECYCLING CENTRE - LANIVET**

There has been a **change to items accepted** at the Lanivet HWRC

**Please note: From 2nd January 2024, this site will no longer accept asbestos, plasterboard, soil, tyres, rubble, and sanitary ware.**

These items will however be accepted at the St Austell HWRC (mostly free of charge). I have received some notifications of an increase in fly tipping which may be a result of this action. I want to let residents know that this is for **a trial period of 6 months** and at the end of this time there will be an evaluation. I would expect a public consultation but I am always happy to receive any comments or evidence during the trial period. **Cllr. Jenny Cruse**




**The Lanivet Inn**  
 01208 831212  
[www.lanivetinn.co.uk](http://www.lanivetinn.co.uk)  
[www.facebook.com/Lanivetinn](https://www.facebook.com/Lanivetinn)




  
**Geek QUIZ**  
**THURSDAY 4TH APRIL**  
 £2PP MAX. 6 PER TEAM  
**F · R · I · E · N · D · S**  
 @ 8.30PM  
 FANCY DRESS WELCOME

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**FISH FRIDAYS**  
**2 x COD 'N' CHIPS**  
 INCLUDES MUSHY PEAS,  
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 & TARTARE SAUCE  
**ONLY £25**  
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Want to meet new people in our community and forge new friendships?  
 Perhaps learn new skills?  
 Campaign for the Future?  
 Listen to Inspirational Speakers?

Whether you've lived in or close to Lanivet for 50 years or 5 weeks ... Why not try the WI?  
 The newly formed Lanivet WI can offer all the above and more with its now full 2024/25 programme.

**Meetings for April and May**

**Wednesday 17th April:** Andrew Harris will be telling us some of the local Lanivet history.  
**Wednesday 15th May:** Resolutions, discussion, have your say and vote.  
**WHERE:** Methodist Hall, Truro Road, Lanivet. PL30 5EU  
 Time: 7pm - 9pm

**Events for April and May**

**Friday 12th April:** a National Garden Scheme visit to Trevina House, St Neot, Liskeard, Cornwall, PL14 6NR  
**Saturday 11th May** 10am - 12 noon:  
 Try Bell Ringing at Lanivet Church with David Williams

Come along and visit. We will be happy to see you and your first meeting is at no charge.






**Contact:** Amber 07970460202  
 or Pauline 07816967142  
**Email:** [lanivetwi.mcs@icloud.com](mailto:lanivetwi.mcs@icloud.com)  
**Facebook:** LANIVET WI for the latest news, photographs AND more information about the next meeting.



# THE HUB MENU

Enjoy a freshly brewed coffee or tea along with your choice of a delicious slice of cake or pastry

<p><b>AMERICANO</b>      2.50 Espresso with Hot Water</p> <p><b>FLAT WHITE</b>      2.50 Espresso &amp; Steamed Milk</p> <p><b>CAPPUCCINO</b>      2.50 Espresso, Steamed Milk &amp; Foam</p> <p><b>ESPRESSO</b>      2.50 Strong shot from the Bean</p> <p><b>INSTANT COFFEE</b>      1.25 Decaf &amp; Oatmilk Available</p> <p><b>BOTTLED WATER</b>      1.00 Sparkling, Still &amp; Flavoured</p>	<p><b>LATTE</b>      2.50 Espresso, Steamed Milk &amp; Foam</p> <p><b>MOCHACCINO</b>      2.50 Espresso, Choc &amp; Steamed Milk</p> <p><b>CHOCOLATTE</b>      2.50 Cake, Croissant</p> <p><b>CORTADO</b>      2.50 Ioz Expresson Ioz Steamed Milk</p> <p><b>TEA / FRUIT TEA</b>      1.25 Green, Decaf, Earl Grey</p> <p><b>CANS &amp; JUICE</b>      1.00 Coke, Pepsi, Tango, Lemonade</p>
--	--

## Kevin Morrissey Painting and Decorating Services

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Email: [kevinmdecorating@aol.com](mailto:kevinmdecorating@aol.com)



## WARM WELCOME POP UP LUNCH

**When?** First Saturday each month 12 - 2.30pm

**Where?** Lanivet Methodist Church Community Room

**Who?** All are welcome

**What?** Simple food and drink freely provided

**Next One?** Saturday 6th April 2024



Join us for  
food and  
friendship





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## BREAKFAST & LIGHT LUNCHES

All Food is cooked to order & Made with Love  
Vegetarian & Gluten Free Options Available  
Breakfast from 9:30 - Lunch from 12:00

<b>ALL DAY BREAKFAST</b> 7.50 Bacon, Sausage, Egg, Hash Brown, Mushroom, Beans, Tomato & Toast	<b>BREAKFAST OMELETTE</b> 7.00 3 Egg Omelette with Bacon, Sausage, Mushrooms & Cheese
<b>THE BIG BREAKFAST</b> 9.50 2x Sausage, 2x Bacon, 2x Egg, 2x Hash Brown, Tomato, Beans, Mushrooms & Toast	<b>BREAKFAST WRAP</b> 7.00 Greek Style Omelette Wrap with Sausage, Bacon, Mushrooms & Beans
<b>BREAKFAST BAGUETTE</b> 7.50 Bacon, Sausage, Egg, Hash Brown Mushrooms & Baked Beans	<b>BAP / SANDWICH</b> 4.00 3 Items, Bacon, Sausage & Egg
<b>TOAST WITH CONSERVE</b> 1.50 Add any Breakfast Items for £1.00 per Item	<b>CROISSANTS</b> 2.50 2x Buttery Barmecuts Croissants oven fresh with Conserves
<b>TOASTED TEACAKE</b> 2.50 Lightly Toasted with a choice of simply Butter or Jam/Marmalade	<b>CEREAL / PORRIDGE</b> 1.75 Kellogg's Selection with cold milk or Quaker oat porridge
<b>TORTILLA WRAPS</b> 6.50 Soft Plain Flour Wraps, filled with salad Chicken, Tuna or Prawns	<b>FRESHLY BAKED PIZZA</b> 8.00 Oven Fresh Homemade Margherita Additional toppings available
<b>SWEET &amp; SOUR CHICKEN</b> 7.00 100% succulent chicken breast, served with Basmati Rice & Prawn Crackers	<b>CHICKEN KORMA</b> 7.00 100% succulent chicken breast, with Basmati Rice, Naan & Mango Chutney
<b>CHILLI CON CARNE</b> 7.00 Full flavour beef, kidney beans with Basmati Rice, Tortilla Chips & Cheese	<b>CHICKEN BURGER</b> 7.50 100% Chicken breast in Brioche with Salad Mayonaise Chips & Beans/Peas
<b>BURGER STACK</b> 8.50 Quarter Pounder, Chips, Salad, Cheese, Onion Rings & Signature Sauce	<b>SCAMPI PIECES</b> 8.50 7 Large Breaded Scampi with Chips, Peas or Side Salad & Tartare
<b>PANINI / TOASTIE</b> 6.00 Choice of 2 Fillings, Cheese, Ham, Tuna served with a fresh Side Salad.	<b>JACKET POTATO</b> 6.50 Fresh Baked Jacket, choice of Tuna, Egg Mayonaise, Cheese & Beans
<b>FRESH SALAD SELECTION</b> 7.50 Large Fresh Salad Selection, Ham, Cheese, Prawn, Egg Mayo or Tuna	<b>HAM EGGS &amp; CHIPS</b> 7.50 Locally Sourced Thick sliced Ham served with Chips & Peas
<b>SFC MINI FILLETS</b> 7.00 Lightly Spiced Southern Fried Chicken Breast Strips, served with Chips & Beans	<b>OMELETTE &amp; CHIPS</b> 6.50 ..with your choice of filling, 2 from Cheese, Tomato, Ham, Mushrooms

•St Ingunger Farm PL30 5HS


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 a home for all yoga styles just outside the village

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 www.bodmin.yoga

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**CORNWALL PERFORMING ARTS** **BALLET CLASSES**



Lanivet Parish Community Centre

Children's Ballet - Ages 4+

Wednesdays, 3.45 – 4.30pm

Email Kate at [to.life@outlook.com](mailto:to.life@outlook.com) for enquiries or to reserve a place

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**EAR WAX REMOVAL**  
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**SPORTS THERAPY**  
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**PODIATRY – including insoles and surgery**  
 £45 for an initial consultation and £35 for follow ups

Come and meet our team: Dr James, Mr Matthew Leighton-Sa'id BSc (hons) MChS, Ms Georgia Slater MSc, Ms Antonia Bolton MSc & Mr Travis Smith BSc

**07754 261 461 / 07743 648 147** (Osteopathy) or visit us online at [harbour.clinic](http://harbour.clinic)  
 Find us at 3 Albert Terrace, Lostwithiel, PL22 0AF

**Contact Information**

Alistair & Carol Bennett (Editors and Treasurers) 01208 831124  
Georgie Curtin (Proof-reader)

Please send us your advertisements, stories, pictures, poems and any other submissions or ideas that you would like to see in future newsletters using this email address:

[lanivetnewsletter@gmail.com](mailto:lanivetnewsletter@gmail.com) - by the following **2024 deadline dates:**

**The 10<sup>th</sup> of each of the following months:  
January/March/May/July/September/November**

There are six issues per year; printed bi-monthly as follows:

**February/March, April/May, June/July,  
August/September, October/November, December/January**

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Half page..... £10.00 (9.5x13cm)  
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## Councillor Jenny Cruse



Yesterday I spent the day going around my ward looking at all the flooding. It was truly scary and the amount of water cascading from the fields onto the highways was quite unbelievable. The flood at Jims on the A389 was particularly worrying since I had reported blocked drains and a flood there a week ago and there was no flood warning in place. All reported again. The road to Nanstallon from Jims was like a war zone and the water was torrential coming down Old Coach Road into Lamorick, it had even lifted the tarmac higher up the hill. It is quite clear that we must address these problems and I have compiled a list of priorities that must be dealt with as it is evident that we will continue to experience extreme wet winters. After the visits I sent my photos to the Service Director, Portfolio Holder and Scott Mann. Scott has already written to the Council to remind them that the extra funding they are receiving for potholes must be ringfenced and must be used for road maintenance.

I know that many of my residents in Lanivet are concerned about the unsatisfactory state of the River Camel and the extra load taken on by Nanstallon WWTW. Earlier this month I attended two Bodmin Town Council planning meetings where the planning application for Halgavor Moor was discussed. The meetings were very well attended by the public and my full report can be read on my Facebook page / jennytostand. This application has been contested since the land was allocated which was over 10 years ago. Since my election I have been working in the background to make clear the concerns of my residents. This valuable unimproved land is a wildlife haven and home to some of our most threatened wildlife and flora species, it is the lungs of Bodmin and is a communal green space where residents can walk and enjoy nature. But very importantly it is a moor with areas of boggy land and includes in the southwest area a flood plain 3. Numerous springs feed into the tributary and run off from the A30. Anyone living close to Bodmin knows about springs and aquafer. I support the objections of Bodmin Town Council and I would make it clear that we have a duty to ensure that no houses are built where the residents may have to suffer the heartbreak of flooding in their homes and gardens. Spring is just around the corner, the daffodils and crocus are out, the birds are twittering away in the trees and today we saw some warming sunshine which lifted the spirits. It has been a long difficult winter and we all deserve some sunny dry days....I am sure they will come.

**Jenny Cruse**  
**Email: [cllr.jennifer.cruse@cornwall.gov.uk](mailto:cllr.jennifer.cruse@cornwall.gov.uk)**  
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### Lanivet Methodist Church News

By the time we read this, we will have celebrated the wonderful season of Easter, with the walk of witness on Good Friday and the celebration on Easter morning with a service of Holy Communion. With all the difficulties that so many face in the world today, don't we all need the message of love, the offer of forgiveness, and the future hope that Jesus, the son of God, came to bring?

Our weekly worship services are held on Sundays at 11am, with tea and coffee available after the service. Other weekly meetings are;

- ◆ **The Men's Soar group meet weekly on Monday evenings from 5.30pm - 7.30pm, open to all men to pop in; an opportunity to share and support.**
- ◆ **The Fellowship group meet weekly on Tuesdays 2pm - 3.30pm, for Bible study/prayer and time together.**

We are hoping to hold the **MEN'S BREAKFASTS** more regularly again i.e. to get back to alternate months, and where possible on the third Saturday of that month. It means that following the one on Saturday 16th March, the next one would be due on Saturday 18th May. As usual look out for the banner and please come and join us for an 8.30am start for a cooked breakfast. There is no charge, but donations are given to a charity of the speaker's choice.

The regular **COMMUNITY LITTER PICK** continues, also on alternate months, with Saturday 6th April being the next date, meeting at 10am in the village car park. Again look out for the banner on the church boundary wall.

Come and join us for the **WARM WELCOME POP UP LUNCH**, held each month on the first Saturday (12-2.30pm) i.e. 6th April and 4th May. It's an informal, friendly gathering, and an opportunity to enjoy a bite to eat, and the company of others.

The **CHAPEL ANNIVERSARY** is celebrated in May, and this year will be on Sunday 26th May. We share a meal following the service, a time to enjoy food with others and to build friendships.

We hope that people feel able to cross the threshold to join us for any of these events, you will be made very welcome.

**Margaret Swadling**  
**Church Steward**  
**01208 831529**

## LANIVET PARISH DIAL-A-RIDE SERVICE

The One For All Community Centre operates a "Dial a Ride" door to door service within the Parish of Lanivet every Thursday morning.

The service is being extended with the following locations and dates;

- 2nd Thursday of the month to **Kingsley Village, Fraddon**
- Last Thursday of the month to **Trago Mills, Liskeard** (Pensioners Day, 10% off)
- Remaining Thursdays to **Bodmin** shopping

Seats must be booked in advance and the route and pick up times will be dependent upon the number of passengers and their locations.

The price is **£3** for the return journey to be paid in cash to the driver on pickup.

The minibus has 14 seats and will be booked on a **first come first served basis**.

**Bookings need to be made before 5pm on the Tuesday so the route can be planned. Please call 01208 832684 between 9am and 5pm, Monday to Friday.**



## COMMUNITY LITTER PICK

Come and join us for the Community Litter Pick on

**SATURDAY, 6<sup>th</sup> APRIL 2024**

and help keep Lanivet looking its best



**We meet at 10am in the Car Park on Truro Road and the litter pick will last around 1 hour**

Suitable footwear should be worn and gloves may be needed

Children must be accompanied by an Adult

Hi-Viz Vests/Tabards and Litter Pickers will be supplied, bringing your own would be helpful

Tea and Biscuits will be available afterwards in the Methodist Chapel

**Contact: Margaret Swadling**

**01208 831529**

## St George's Day - Tuesday, 23<sup>rd</sup> April 2024

St George was made the Patron Saint of England by King Edward III in 1348

The legend of *Saint George and the Dragon* describes the Saint taming and slaying a dragon that demanded human sacrifices.

We celebrate St. George's Day on 23rd April which is the anniversary of his death in 303 AD.



## Lanivet Inn FC (The Pandas) The Season Continues

I start off by repeating myself from the last newsletter.

We are now well into that part of the season where games are being cancelled more than they are being played. Since the last newsletter, we have played a grand total of 4 times.

We firstly progressed into the quarter finals of the Cornwall Junior Cup by thumping RNAS Cudrose 2nds 7-0, but we were to come undone on a barely playable pitch, in the fog, away to Lanreath. Pandas went 1-0 up but were 4-1 down with an hour played. Facing an uphill battle, the team recovered to 4-3 and in the dying seconds, Chris Brown hit the crossbar, missing the chance to go into extra time. However, Lanreath were good value for the win.

Six more points were garnered in the league from a 6-2 win away to Dobwalls Reserves and a 3-1 victory at Gorran. We sit second in the table, a point off top.

We are still keen to recruit a willing volunteer to act as a Fundraising Officer for all of the village based football teams – from youth right the way through to the walking football set-up. This includes our team, our flexi league team and veterans side. If you feel that you possess the will and expertise to drive forward with fundraising ideas that our committee have come up with and to add in some new stuff, then please contact me via the platforms below.

As always, please keep an eye out for updates, including fixture information, on social media – Facebook, Twitter and Instagram.

If you need to get in touch with us directly, please

email us at :

[lanivetfc@outlook.com](mailto:lanivetfc@outlook.com).

**Mike Hancock**  
**Secretary**

### UPCOMING FIXTURES IN APRIL

**3 Apr A vs Bodmin Town 2nd**  
**6 Apr A vs Lifton 1st**  
**9 Apr H vs St Dennis Development**  
**13 Apr A vs Pensilva 1st**  
**16 Apr H vs Lifton 1st**  
**20 Apr A vs Mevagissey 1st**  
**27 Apr H vs Calstock 1st**  
**30 Apr H vs St Merryn 1st**

## Lanivet Parish Council

### AND THE RAINS CAME

"As if we need reminding" I hear you say. There has been flooding in many parts of the Parish not least of all in Nanstallon and Lamorick. With it comes hidden potholes so please do drive carefully. Please continue to use the Cornwall Highways contact details on their webpage ([www.cornwall.gov.uk](http://www.cornwall.gov.uk)) to report blocked drains and flooding – it is the only way to try to keep on top of what seems an ever increasing problem. Not only does it cause danger on our road network but it brings yet more run off of pollution into our river and drainage system.

### NEW GROUNDS MAINTENANCE CONTRACTS

New contracts will be let commencing on 1st April 2024. As we welcome our new contractors I would like to take this opportunity to thank *The Lawn Ranger* who has served us well over the past 4 years. Needless to say, the recent record rainfall is not helping us to maintain our Lanivet Green and other grassed areas. Please bear this in mind and avoid churning up the ground by walking on it. This will mean recovery of all these areas will be quicker once we have drier weather.

### NEW BUILDING FOR UNDER 5s IN LANIVET

The planning application has been successful subject to a number of conditions. These will now have to be addressed along with the work needed to apply for grants to fund the project.

The Parish Council has agreed to support this preliminary work up to a maximum of £25,000.

Whilst this amount may seem large it is only a small proportion of the overall costs but is in line with our policy to invest in the future of the Parish and Lanivet Village in particular. Also, there have been many charity events to raise funds for this project to which the Parish is grateful to all the volunteers who have given their time.

### NANSTALLON METHODIST CHURCH – NANSTALLON COMMUNITY TRUST

The official opening day took place on Saturday 3rd February 2024. We are grateful to the Loveny Male Voice Choir who gave a short concert to support the event and to the many other volunteers who used their many and varied skills to raise much needed funds for the refurbishment of the building.

### THE 80<sup>TH</sup> ANNIVERSARY OF THE D-DAY LANDINGS ON 6<sup>TH</sup> JUNE 2024

It appears that there is much happening in Portsmouth on 5<sup>th</sup> June and in Normandy on 6<sup>th</sup> June. In addition, many of the military institutions and charities are hosting their own events.

Together with this, is the fact that the Royal Cornwall Show will also be in full swing.

Therefore, we are especially grateful to the volunteers who will be hosting a related display in Nanstallon church.

### LANIVET PUBLIC TOILETS

We welcome Lauren on to our team, who will now be responsible for the daily maintenance of these public conveniences. Please help her by trying to leave them in a better state than you find them. Thanks.

*Please continue to check the noticeboard and website for up to date information.*

**DANNY BATTEN - CHAIRMAN - LANIVET PARISH COUNCIL**

**10 MARCH 2024**

The Parish Clerk can be contacted, details below :  
Mrs J Burdon, 1 Treburdon Drive, Roche, St Austell. PL26 8QB  
Tel : 01726 890983 / 07899 718000  
Email : [clerk@lanivetparishcouncil.gov.uk](mailto:clerk@lanivetparishcouncil.gov.uk)

## The One for All Lanivet Parish Community Centre

### WHAT'S ON IN APRIL & MAY 2024

Monday	Tuesday
<p><b>Chair Yoga</b> 9:15 - 10:15am  <b>Gentle Yoga</b> 10:15 - 11:15am Just Yoga by Jen                      Contact: 07715 869956  <b>Pilates</b> 12 - 1pm contact Theresa 07535 174098  <b>Short Mat Bowls</b> 2 - 4pm Pay and Play £2 per head  <b>Youth Football</b> 5 - 6pm, Years 1-3  <b>Youth Football</b> 6 - 7pm, Year 4  <b>Dog Training</b> 6 - 9.30pm, Tel: Natasha 07728 302611</p>	<p><b>Walking Netball</b> 2.30 - 3.30pm  <b>Beavers and Cubs</b> 6:30 - 8pm (Term time)                      Contact: Jane 01208 831812  <b>Walking Football</b> 6.30 - 7.30pm  <b>Table Tennis</b> 8 - 9.30pm £2 per person</p>
Wednesday	Thursday
<p><b>Pilates</b> 8.50 - 9.50am                      Email: <a href="mailto:heartofpilatesuk@gmail.com">heartofpilatesuk@gmail.com</a>  <b>Parchment Craft Group</b> 9.30am - 12.30pm                      Email: <a href="mailto:pritchardsue3@gmail.com">pritchardsue3@gmail.com</a>  <b>Zumba</b> 10 - 11am                      Contact: Sam on 07889 592982  <b>Mother and Baby Yoga</b> 1 - 2pm                      Email: <a href="mailto:anna.lotusblueyoga@gmail.com">anna.lotusblueyoga@gmail.com</a>                      Tel: 07723 034053  <b>Children's Ballet</b> 3.45 - 4.45pm                      Email: Kate at: <a href="mailto:to.life@outlook.com">to.life@outlook.com</a>  <b>Under 11's Football</b> 5 - 6pm  <b>Under 9's Football</b> 6 - 7pm  <b>Aerobics</b> 6 - 7pm Contact: Janet 07977 375812  <b>Line Dancing</b> 7 - 9pm Contact: Helen 07968 734243  <b>Back to Football Over 30's</b> 7 - 9pm                      Contact: Phil 07900 927917</p>	<p><b>Baby and Toddler Group</b> 9 - 11am                      Contact : Olivia 07534 925018  <b>Short Mat Bowls</b> 11am - 1pm                      Pay and Play £2 per head  <b>Memory Music Group</b> 2 - 4pm ( see page 5 )  <b>Youth Football U11's</b> 6 - 7pm (Team training)  <b>Hatha Yoga</b> 7 - 8pm Just Yoga by Jen                      Contact: 07715 869956</p>
Saturday	Friday
<p></p>	<p><b>Healthwise in the Community</b> 9- 12 noon                      Contact: Mel 07967 790458  <b>Gentle Yoga</b> 10 - 11am Just Yoga by Jen                      Contact: 07715 869956  <b>Tea and Games</b> 2 - 4pm by donation ( see page 30)  <b>Tiny Toes Ballet</b> 4.30 - 6pm  <a href="http://www.tinytoesballet.co.uk">www.tinytoesballet.co.uk</a>  <b>Bingo</b> - Friday 26th April ( see page 24)                      Contact Jess Finnemore : 07778 575446</p>
Sunday	<p><b>Lanivet Artisan Craft Fayre</b> 10:30am - 2:30pm  <b>7th April &amp; 5th May</b> ( see page 24)</p>

**Contact details Tel: 01208 832684**

**Email: [manager@lanivetparishcommunitycentre.co.uk](mailto:manager@lanivetparishcommunitycentre.co.uk)**

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## Mobile Library Service - 2024

The mobile library provides a library service to rural areas in Cornwall where there is no static library or micro library. Customers can now board the mobile library and browse the library stock. They can also order books online by browsing the online library catalogue via the following website:

**<https://prism.librarymanagementcloud.co.uk/cornwall>**

You will be notified once your ordered books are ready for collection at your next regular mobile library visit.

Please continue to check the following website before your visit in the event that there are any changes.

**<https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/mobile-library>**

Your next FRIDAY visits will be on  
12th APRIL 2024 and 10th MAY 2024

Nanstallon- Church	14:55-15:15
Lanivet- Hall	15:25-15:45
Bugle- Molinnis Road	15:55-16:35



TIME TOGETHER

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A warm welcome to everyone to come and join us at the Time Together friendship group. Meet up with friends old and new for a chat and enjoy a game of bingo. Have a go at our fun quiz or maybe you will win a prize in our raffle.

The next date is **Wednesday 3<sup>rd</sup> April 2024** at the Shire House Suite, Bodmin

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**John Austin on 01208 831798**



**OATY FLAPJACKS**

**Ingredients:**

- 8 oz ( 225g) Butter
- 2 tbsp Demerara Sugar
- 2 tbsp Golden Syrup
- 11 oz (310g) Oats
- 1 tbsp Sunflower Seeds
- 1 tbsp Pumpkin Seeds
- 12 chopped dried Apricots
- Flaked Almonds

**Method:**

Melt the Butter in a pan then add the Sugar, Golden Syrup, Oats and Seeds. Line a baking tray with greaseproof paper and add half the mixture. Add a layer of chopped Apricots and then add the rest of the mixture on top. Sprinkle with flaked almonds and bake in a pre-heated oven at 170°C for 30 minutes. Whilst warm cut into squares and leave in the tin to cool.



**Author : Karen Nederpel**



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**LANIVET ARTISAN FAYRE  
2024**  
10.30am to 2.30pm  
*(Please note new times)*

Sunday, 7<sup>th</sup> April  
Sunday, 5<sup>th</sup> May  
Sunday, 2<sup>nd</sup> June  
*(covers Father's Day)*  
Sunday, 7<sup>th</sup> July  
Sunday, 4<sup>th</sup> August

At the  
One For All Community Centre  
Rectory Road, Lanivet. PL30 5HG

Any enquiries please email:  
sharronspencer54@gmail.com

**NEW FOR 2024**  
Bacon Baps  
Sausage Baps  
Teas & Coffees

Why not come along to the Fayre and treat yourself to a warming bap and hot drink






**BINGO sessions in the One for All Community Centre**

**Next session will be on Friday, 26<sup>th</sup> April, 2024  
at 7pm for Eyes Down at 7:30pm**

There will be a half time break for tea and biscuits

*All proceeds raised will help fund the Lanivet and District Under 5s  
and the Lanivet Sport & Recreational Trust*


**HOPE TO SEE YOU THERE**

## Bowl for Health

FREE activity-based programme at  
**BODMIN BOWLS CLUB**

- ✓ Improve physical and mental well being
- ✓ Meet people in your community
- ✓ Learn how to play bowls



If you'd like to learn a new skill, get physically active in a friendly and relaxed environment while meeting people from your local community, then this is the perfect opportunity for you!





**What is provided?**

- Free bowling session
- All bowls equipment provided
- Free tea/coffee and biscuits post session
- Advice to help you improve your bowling

**Participants only need to bring clean trainers**

For more information and to book your place on any session, please contact: Mervyn Emmet on 01208 77984 or e-mail bowlsclubbodmin@gmail.com

4 Castle Canyke Road  
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Cornwall  
PL31 1DU





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