

# Fuel Poverty and the Cost-of-Living Crisis

We are all aware that many residents of the area will be severely affected with the dramatic increase in the cost of living over the winter period.

The One for All Lanivet Parish Community Centre can help those in need through the following:

**Emergency Grant** – We can give a small grant for people struggling financially to make payments for heating, fuel, food costs.

**Warmth Bank** – We are creating a warm space for people to come to in the Lanivet Hub situated in the Community Centre, which from Mid-January will be open 7 days a week whilst the Community Centre is open, offering:

- Affordable food and drinks (available for takeaway) from a more extensive menu of prepared hot meals. Opening times will be gradually extended to 9am to 4pm from the beginning of January 2023.
- Outside these hours the Hub will be open whilst the centre is open with hot water, coffee, tea and biscuits provided.
- Drop-in sessions with other agencies such as Volunteer Cornwall, Age Uk Cornwall, Bosvena Health, heating and debt management advisory services.

**Community Centre Activities- all indoor activities** including short mat bowling, tea and games, yoga, pilates, aerobics, zumba, table tennis, line dancing, baby and toddler group. For our full range of activities see the What's On guide section in the newsletter.

## Other Services

The Age Uk electric vehicle will be available to take people to medical appointments, especially those with wheelchair requirements.

**FINALLY – Be a good neighbour** and if you know of someone who is suffering from the cost-of-living crisis please get them to contact the One for All Lanivet Community Centre and we will do our best to help or signpost them to the appropriate resource.

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